



early years nutrition  
partnership



## Hello!

Welcome to the latest edition of the Early Years Nutrition Partnership newsletter. So, what were we up to in May?

Well we were celebrating a little anniversary! It was May 2016 when we first formed the EYN Partnership and published our Collection of Views report that set out our determination to improve the future health outcomes of young children by setting a standard for nutrition practice in early years settings. We can hardly believe it has been a year and when we look back we are thrilled with our progress to date. If you want to see what EYN Partnership Manager Katie Fordham has to say on the topic check her out [here!](#)

We supported some fab events in May too. We posted a blog with some little tips to help mark **#NationalVegetarianWeek**, and we threw ourselves into the spirit of **#NationalWalkingMonth** and sent a fair few social media reminders to get out there in the sunshine with the little ones, and **#try20** minutes of walking! Did you join in? Physical activity is so important alongside good nutrition and hydration, so we are always happy to see and support campaigns that encourage exercise!

We are also super excited to have launched our LinkedIn page! Please do come on over and follow us here – we have lots of interesting content to share.

Keep enjoying that sunshine!

The Early Years Nutrition Partnership Team



# Tender Years Day Nursery and Ofsted recognition



Want to know more about why the team at Tender Years Day Nursery in Solihull think they were rated Outstanding by Ofsted, and whether they think their commitment to the EYN Partnership had anything to do with it? Of course you do! Read our account here and then watch this space for some lovely film footage where you can get to hear more from the team at Tender Years.

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## Come on board and join the EYN Partnership!

We were delighted to welcome another nursery to the EYN Partnership family in May. Here's Nina at Pooh Corner Day Nursery in Redland, Bristol, with their committed certificate. We are so pleased to have you and the team on board Nina!

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## Update from Gill



Delivering real benefits to early years settings

So, as well as our report on the Tender Years story we also brought you a little update from Gill Kelsall, who is the nutritionist working with the Tender Years team. Gill is thrilled with their achievement, but also delighted that she is hearing success stories from other settings that she works with across the Midlands. Read what she has to say [here](#). Keep up the good work Gill!

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## Our new blog!

### Vegetarian Feast blog!

We love bringing you recipe ideas from our registered nutrition professionals and hope they give you inspiration to try something different. Fancy a butternut squash and red lentil dahl? Or rhubarb and lentil curry more your thing?

For beautiful, nutritious recipes that your family will love, check out our Vegetarian Feast blog [here](#). As well as the recipes, lots of good nutrition tips on keeping the right balance when offering children meals without meat.



Vegetarian Feast Fit  
for the Family

BY EYN PARTNERSHIP ON 18TH MAY, 2017

## Lucky Winners!

We've now closed our survey and as promised, completed the prize draw. We're very happy to announce that we have two lucky winners who each have a £50 Amazon voucher coming their way!

And another big thank you to all who took part. It really helped us to better understand what matters most to managers of early years settings. The final results saw some new areas making into the priority list! The most popular things that managers want to see improvements in when paying for services, are:

- Improve the quality and provision that your setting offers (68%)
- Increased staff professional development and staff skills (55%)
- Continue to improve the reputation of your setting (59%)
- Increased satisfaction from parents/families (50%)
- Children achieving/learning more (55%)
- Increased staff morale (41%)

The good news is that EYN Partnership can help with all of them! Find out how [here](#).

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## Watch this space

June sees us attend our very first Childcare Expo! We are going along to the Manchester Expo at Event City. Gill, Nicola and Annie are going from our team and are looking forward to meeting lots of practitioners there. Thanks to the team at Childcare Expo for generously sharing our story on their [website](#) in advance of the exhibition – we look forward to seeing you there!



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## Fancy Linking In with us?

Please come and join us over on our [LinkedIn page](#) and send the link to colleagues too! We will bring you lots of interesting content here and it's a great place to get some insights into what we are all about, build your network and find out more about how we support professional development.



The Early Years Nutrition Partnership (EYN Partnership) is an independent Community Interest Company that has been created in partnership with the Pre-school Learning Alliance, the British Nutrition Foundation and Danone Nutricia Early Life Nutrition. A key role of the EYN Board and Expert Panel is to ensure that the partnership delivers its social aims, is transparent and acts with integrity.

The EYN Partnership will initially be funded by Danone Ecosystem and Danone Nutricia Early Life Nutrition. Danone Ecosystem is an internationally recognised fund, which supports social enterprises and initiatives worldwide. The EYN Partnership is the first UK beneficiary of this fund.

The EYN Partnership nutrition professionals are either Registered Nutritionists or Dietitians with at least a bachelor's degree in a nutritional or dietetic science and experience in early years nutrition. They are bound by the Association for Nutrition and the British Dietetic Association respectively to continue professional development and follow standards of ethics, conduct and performance. This means you can be assured that their advice will always be up to date with the latest recommended guidance and practice. Occasionally, we will have a nutrition professional join the EYN Partnership with the same experience and qualification, but who is currently undergoing the registration process.

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